



Semester / Year: _____

Weekly Planning Sheet

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 – 8:30am							
8:30 – 9:00am							
9:00 – 9:30am							
9:30 – 10:00am							
10:00 – 10:30am							
10:30 – 11:00am							
11:00 – 11:30am							
11:30-12:00am/pm							
12:00 – 12:30pm							
12:30 – 1:00pm							
1:00 – 1:30pm							
1:30 – 2:00pm							
2:00 – 2:30pm							
2:30 – 3:00pm							
3:00 – 3:30pm							
3:30 – 4:00pm							
4:00 – 4:30pm							
4:30 – 5:00pm							
5:00 – 5:30pm							
5:30 – 6:00pm							
6:00 – 6:30pm							
6:30 – 7:00pm							
7:00 – 7:30pm							
7:30 – 8:00pm							
8:00 – 8:30pm							
8:30 – 9:00pm							
9:00 – 9:30pm							
9:30 – 10:00pm							

Remember to include time for...
 classes study time;
 meals, sleep, transportation;
 taking care of YOU!